

Mac and Cheese

Ingredients:

2 zucchinis spiralized with the fine groovy chip setting

2 cups thawed frozen corn niblets

2 Tbsp sun dried tomatoes

½ red bell pepper

1 scallion

½ stalk celery

1 ½ Tbsp Miso

2 Tbsp pistachios

Juice of half lemon

2 tsp smoked paprika

½ tsp freshly grated turmeric or powder

Directions:

Spiralize the zucchini

Blend all remaining ingredients in a blender and mix with zucchini. Top with some fresh basil or oregano and a sprinkle of smoked paprika if desired.

Enjoy!!!!

