

# CHUNKY MONKEY NICE CREAM

## INGREDIENTS:

3 bananas, sliced and frozen

3 TBSP Almond butter or sunflower seed butter or leave out

1 tsp vanilla

1 tsp cinnamon

1/4 cup frozen cherries or other frozen fruit

Optional for chocolate lovers:

2 Tbsp cacao powder

Optional Toppings:

Cacao nibs

Crushed pecans or walnuts

## DIRECTIONS

- Thaw the bananas for ten minutes.
- Place the bananas in a food processor and process until smooth and creamy
- Its great as is or you can add desired ingredients and pulse a few times until coarsely mixed
- Place in bowls, add toppings and
- ENJOY!!!!!!